



The **Second Half**

LIFELONG LEARNING INSTITUTE



LIVE

LEARN

CONNECT



CATALOG SPRING 2016

The Second Half: Lifelong Learning Institute is a community-based membership organization whose programs provide intellectual stimulation and social interaction for members. Membership is open to adults who wish to learn in a non-traditional, relaxed environment. There are no admissions requirements, no exams, no grades, and no age requirements. All are welcome to participate.

INTRODUCTION TO THE SECOND HALF: LIFELONG LEARNING INSTITUTE

We are a community—our strength is in our membership.

Our goal is to continue to provide the highest level of intellectually stimulating courses. To that end we have recruited an incredible faculty of group leaders and instructors. Their educational backgrounds are impressive. Their altruistic desire to share their knowledge and expertise with you is undeniable.

Join us for an exciting and thought-provoking adventure. You will meet new friends, reconnect with old friends, and perhaps travel New England and the world with these friends.

You will have all the fun of learning, growing, and bonding without the pressure of grades—an ideal way to feed your brain. We hope that you will take the step to be part of The Second Half this semester. Let this Spring be the season that you do something good for yourself—Grow!

Feed your curiosity, inspire life-long learning, and then go and share the knowledge with the world.



Roberta Melton, Executive Director

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SPRING 2016 PLEASE SAVE THESE DATES

Open House: Friday, January 22, 2016 at 1 p.m.

Westport Library, 408 Old County Road, Westport, MA
(Snow Date: Friday January 29, 2016 at 1 p.m. at the Westport Library)

Registration Begins: Friday, January 22, 2015

Registration Deadline: Friday, February 5, 2016

Study Groups Begin: Week of February 16, 2016

MANY CLASSES BEGIN IN APRIL. PLEASE CHECK CLASS DESCRIPTIONS.

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STUDY GROUP DESCRIPTIONS, SPRING 2016 - MONDAY

Special Event: Cost: \$50.00

REIKI WORKSHOP - LEVEL 1

April 29, 2016 9:30 a.m. – 3:30 p.m.

April 30, 2016 10:00 a.m. – noon

This workshop prepares participants to become Level 1 Reiki practitioners. Through a series of experiential attunements, participants will be initiated and opened to Reiki energy. The class will meet for a day-long session, followed by a half day at the group leader's home where participants will experience a full Reiki treatment. During the workshop, participants will share their energy experiences and discuss what has drawn them to the class. The history of Reiki and the chakra system will be reviewed. Participants will be led in a series of meditations to prepare them for the Reiki attunements. Handouts will be provided. It is recommended that participants prepare by reading *Reiki for Life, The Complete Guide to Reiki Practice for Level 1, 2, and 3* by Penelope Quest, or another Reiki book of their choice. It is suggested that participants bring a box lunch and snacks for breaks...there will be access to a kitchen.

Study Group Size: Minimum: 3; Maximum: 5

Location: Day 1: Conference Room B, The Second Half, 205 Bedford Street, Fall River, MA

Day 2: At the home of the group leader, 40 Stoneledge Rd., Dartmouth, MA

Group Leader: Lorraine Stewart, M.A. is a Reiki Master Teacher; she is a retired Licensed Mental Health Counselor. Lorraine has presented Reiki workshops for clients, professionals in the fields of mental health and substance abuse, and for a variety of individuals who chose to expand their spiritual experience through the practice of Reiki.

1101 Painting with Light – a Nature Photography Experience

Monday 8:00 – 10:00 a.m. (8 weeks)

April 18 through June 13, 2016

This group will visit a different natural location, such as Audubon refuges, each week for picture-taking walks. During the rest of the week, participants share, critique, and revise their images using a closed Facebook group seen only by members of this group.

Walks will be within 30 minutes to an hour's drive of Fall River. This is a learn-by-doing experience, not a course in photography, but participants will receive coaching and photography tips in the field and on Facebook. Fieldwork will start on site at 8:00 a.m., and each session will last approximately two hours. In the event of inclement weather, the walk will be postponed and the study group extended an extra week in order to hold a total of eight walks. The study group sessions will end when the group has completed eight walks. You may use any camera (including phone), but a Digital Single Lens Reflex with telephoto lens and photo editing software is recommended. You must be able to post pictures to Facebook.

Study Group Size: Minimum: 8; Maximum: 16

Location: different location each week

Group Leader: Greg Stone is an amateur photographer whose current passion is capturing images of active birds and animals in beautiful, natural settings. Over the years his photographs have occasionally accompanied his articles in national publications such as *Yankee*, *Popular Science*, and the *New York Times*.



1102 Sir Alfred Hitchcock – Master of Suspense!

Monday 9:00 – 11:30 a.m. (7 weeks)

February 22 through April 4, 2016

We will explore the genius of Sir Alfred--through his career and his movies: "The Lodger" (1927) with Dick Cavett interview, "Lifeboat" (1944), "Strangers on a

STUDY GROUP DESCRIPTIONS, SPRING 2016 - MONDAY/TUESDAY

Train” (1951), “Rear Window” (1954), and “Vertigo” (1958). We will appreciate his unique approach to the art of the film. Beginning at 9:00 a.m. we will have time to view the film and have in-depth discussion. If you love mystery, intrigue, and suspense, this is the class for you!

Study Group Size: Minimum: 15; Maximum: 25

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA.

Group Leader: James McNamee is former Superintendent of Schools (Diocese of Fall River), Academic Principal at Bishop Stang, Principal at Bishop Connolly HS, and former President of The Second Half Board. He has taught many classes for The Second Half: Michelangelo, Silent Movies, Agatha Christie, Alfred Hitchcock, Movies with Morals, and more.



1103 Camille Claudel and Auguste Rodin – Their True Story

Monday noon – 2:00 p.m. (8 weeks)

February 22 through April 11, 2016

This course will bring the story of two great French sculptors to light through film and short readings, while developing conversational skills and introducing or reviewing basic French grammar and vocabulary. Topics such as numbers, greetings and salutations, colors, dates, family members, verbs in the present tense, and foods will be introduced or reviewed orally, with written practice provided--all within the cultural parameters of the art of Claudel and Rodin, as well as the art of those influenced by them or vice versa.

Study Group Size: Minimum: 15; Maximum: 25

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA.

Group Leader: Lorraine Carey holds an MA in French Language and Literature from Boston College and taught French for over 30 years at Ashland High School where she was Foreign Language Department chairperson.

1104 Getting Down and (Maybe) Dirty

Mondays 1:00 – 3:00 p.m. (6 weeks)

March 28 through May 9 (No class April 18)

This is a more “hands-on” study group for active gardeners who want to rehab, change, simplify, or try something new or different in their gardens. We will study soil and environmental conditions, take a look at garden design software, research plant materials, learn how to make an informal site and work plan, and visit each other’s gardens. While we will be focusing primarily on ornamental gardens, if you want to learn more about vegetables and berry cultivation we can do that too.

Study Group Size: Minimum: 5; Maximum: 10

Location: Various gardens in the area—you will be notified of the first location prior to March 28.

Group Leaders: Renate Oliver is a certified Master Gardener and has taught gardening classes in a variety of venues including Bristol Community College and New Bedford Vocational Technical School.

Lisa Mellgard is a member of the Garden Club of Buzzards Bay and DNRT. She lives on an old Dartmouth farm where she and her husband grow vegetables and flowers and keep honey bees.

STUDY GROUP DESCRIPTIONS, SPRING 2016 - MONDAY/TUESDAY

1105 Writing From the Heart

Monday 2:00 – 4:00 p.m. (6 weeks)

March 14 through April 18, 2016

This course offers a place to celebrate who you are without judgement, evaluation, or editing. We write in class, spontaneously, drawing small stories from our lives that illuminate and (sometimes) astonish us. Our writing may not be polished, but it is honest and true. When we share our work out loud (if we wish), members listen, not as critics or editors but as people who truly hear you – your language, your voice, your story. You cannot be wrong! We are constantly amazed at the sensitive, profoundly moving work that results from this process.

Study Group Size: Minimum: 5; Maximum: 14

Location: Autumn Glen, 239 Cross Rd., No. Dartmouth, MA

Group Leaders: Marsha McCabe is a writer and editor at Spinner Publications, a New Bedford-based publishing company that specializes in local history. She is a former award-winning columnist for *The Standard Times*.

Barbara Wackowski-Faria is a published poet, researcher, and editor of articles appearing in *Arts & Antiques Magazine* and other papers/newspapers.



1106 What's Up! – Understanding our Marvelous Night Sky

Tuesday 9:30 – 11:30 a.m. (6 weeks)

March 8 through April 12, 2016

This study group will investigate the marvels of the night sky. There will be sessions on historical perspective – how our understanding of the universe evolved, understanding the size and scale of outworldly objects; how to navigate the constellations; a primer on everything visible in the night sky from satellites to galaxies; and an introduction to observing including how to observe with naked eye, through binoculars, and small telescopes. There will also be an opportunity to observe objects we are studying through Roger's telescope.

Study Group Size: Minimum: 6; Maximum: 12

Location: Classroom B, The Second Half, 205 Bedford St., Fall River, MA

Group Leaders: Roger Menard is an amateur astronomer and a member of the Astronomical Society of New England (ASSNE). He has his own small observatory and spends most clear nights observing the skies. He tries to keep current on most aspects of astronomy and astrophysics.

1107 History of Westport and Fairhaven

Tuesday 9:30 – 11:30 a.m. (5 weeks)

March 15 through April 12, 2016

The first three weeks of this course will narrate Westport's early history, from its shaping by the glaciers to the big changes of the 1950s and 60s. Topics include King Philip's War, the early settlements at the Head and the Point, the American Revolution, how



STUDY GROUP DESCRIPTIONS, SPRING 2016 - TUESDAY

Westport split from Dartmouth, early industrial development, the whaling industry, the effects of the Civil War, and the forces that shaped Westport in the early 20th century. Along the way, we'll meet unforgettable citizens like Paul Cuffe and Charlotte White, plus brave soldiers, slaves, slave traders, intrepid whalers, and ordinary farmers, fishermen, and mill workers who helped make the town what it is today.

For the final two weeks, the group will explore parts of the town of Fairhaven. On April 5, the class will meet at Town Hall to take the Henry Huttleston Rogers walking tour of the town. On April 12, they will meet at Fort Phoenix to tour this Revolutionary War era fort.

Study Group Size: Minimum: 10; Maximum: 25

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA

Group Leaders: **Tony Connors** has had a lifelong interest in Westport and has been teaching and writing about Westport history for ten years. He has been president of the Westport Historical Society since 2007 and holds a Ph.D. in American History from Clark University. He edited Volume I of *Conflicts in American History* (2010) and is the author of *Ingenious Machinists: Two Inventive Lives from the American Industrial Revolution* (2014).

Chris Richard, a native of Fairhaven, is the Director of Tourism for the town. He is an expert in all things relating to Fairhaven.



1108 Intermediate Bridge

Tuesday 9:30 – 11:30 a.m. (10 weeks)

February 16 through April 19, 2016

The focus of Intermediate Bridge is to improve the skill level of those already comfortable with the basics of bridge, including evaluating, bidding, and elementary play of the hand. During this ten-week study group, group leaders will present a variety of topics designed to enhance players' skills at bidding, playing, and defending bridge hands. **Bidding:** Stayman, Blackwood, Gerber, and Jacoby 2NT; **Playing:** making a plan and developing tricks through promotion, length, and the finesse, as well as eliminating losers through ruffing and discarding; **Defending:** leads against suit and no-trump contracts and defensive signals.

Intermediate Bridge provides a supportive, friendly environment for class members to interact with one another, stay mentally fit, and just possibly improve their bridge skills along the way! Please come join us.

Study Group Size: Minimum: 12; Maximum: 24

Location: Bay View, 4380 North Main Street, Fall River, MA

Group Leaders: **Brenda Stone** is a retired teacher and school psychologist and is accredited by the American Contract Bridge League (ACBL) to teach bridge. She plays bridge two or three times a week and enjoys helping others learn this exciting game.

Catherine Williams is one of the founders of The Second Half. She believes the on-going challenges of bridge are good brain exercise.

STUDY GROUP DESCRIPTIONS, SPRING 2016 - TUESDAY

1109 Spanish I - An Introduction to the Language

Tuesday 9:30 – 11:30 a.m. (6 weeks)

March 8 through April 12, 2016

This class will be an introduction to Spanish with the purpose of giving all participants a solid foundation for speaking, writing and understanding the target language. Cultural aspects will also be included in each session. No prior knowledge of Spanish is needed.

Study Group Size: Minimum: 5; Maximum 8

Location: At the home of the Group Leader, 7 Fort St., Fairhaven, MA

Group Leader: Michele Zingara-Crotty retired from the Dartmouth Middle School where she taught Spanish I for over twenty years. She loves sharing the “tricks of the trade” with her students so that learning is fun, relaxing, and productive.

1110 Writing Your Family History

Tuesday 9:30-11:30 (6 weeks)

April 19 through May 24, 2016

In this class we will begin putting your family history in order to create a book of your family history. Starting with each person’s genealogy, participants will learn how to organize their material, put their family in the proper historical context, and blend fact with family history. We will begin by putting together biographies of relatives, creating a timeline, reading certain books as examples, talking about format options, and beginning the story of You.

Study Group Size: Minimum 5; Maximum 12

Location: Classroom A, The Second Half, 205 Bedford ST., Fall River, MA

Group Leader: Carol Gafford is currently the Youth Services Librarian at the Swansea Public Library. She also does outreach and adult programming. She runs the Tuesday Club at the library, a gathering of family-history buffs, along with being a member of MSOG and the Rhode Island Genealogical Society. She is working on her own family-history story.



1111 Television Production I

Tuesday 2:30 – 4:30 (5 weeks)

April 5 through May 3, 2016

Participants will learn the basics of television production, including use of the studio, field production, and editing. Camera Work, Directing, Audio, and On-Air Talent will be covered as well as post-production work. The final class will consist of filming a television show to be aired on Dartmouth Public Access, Channel 95.

Study Group Size: Minimum: 4; Maximum: 8

Location: Dartmouth Community Television, 247 Russells Mills Road, Dartmouth, MA

Group Leader: Derek Frates began his career at DCTV as Cable Access Coordinator in 2006. He received his Bachelor’s Degree from Salem State College and his Master’s Degree in Media Studies from Rhode Island College in 2011. Derek coordinates DCTV’s Channel 95’s Public Access training.

STUDY GROUP DESCRIPTIONS, SPRING 2016 - TUESDAY/WEDNESDAY

1112 The Art of the Short Story (The Best American Short Stories, published in the Calendar Year 2015)

Tuesday 2:30 – 4:30 p.m. (6 weeks)

April 19 through May 24, 2016

This course will study the art of the modern short story, examining both content and style, and using as a text *The Best American Short Stories 2015*, T. C. Boyle, editor (Mariner). This is the hundredth volume in the distinguished series that seeks to honor the best short fiction published in U. S. and Canadian magazines in the preceding calendar year. The series editor, Heidi Pitlor, winnowed the list from about 3,000 stories to 120, from which the guest editor, the acclaimed writer T. C. Boyle, selected the winning 20. Those 20 reflect a vibrant range of characters, from a numb wife who feels alive only in the presence of violence to a new widower coming to terms with his sudden freedom; from a missing child to a champion speedboat racer. These stories will grab hold and surprise which, according to Boyle, is “what the best fiction offers.”

Study Group Size: Minimum 8; Maximum 24

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA

Group Leaders: Margot Green is a retired adjunct professor at Bristol Community College in the English Department. She has a B.A. and an M.A. in English from Simmons College.

James Cronin is a retired judge with an undergraduate degree in English from Harvard College and recent continuing education courses in literature and creative writing from Brown University, Harvard Extension School, and Frequency Writers.

Both group leaders have led previous courses in the short story for The Second Half.

1113 Political Polarization I

Wednesday 9:30 – 11:30 a.m. (8 weeks)

March 30 through May 18, 2016

Political polarization is undeniably the most troublesome feature of contemporary American politics. Political parties today are more internally unified and ideologically distinctive than they have been in over a century. This study group will explore the causes and the consequences of political polarization in the United States. Some of the specific questions that the study group will discuss are: What is political polarization? What caused party polarization? What roles do parties play in the democratic process? What does science know about the personalities of conservatives and liberals? Is each party equally to blame for the dysfunction? Are there any solutions to the current gridlock? The book *It's Even Worse Than It Looks: How the American Constitutional System Collided with the New Politics of Extremism* by Thomas E. Mann and Norman J. Ornstein is required reading for this course.

Study Group Size: Minimum 10; Maximum 15

Location: Conference Room, The Second Half, 205 Bedford St., Fall River, MA

Group Leader: Bob Miller has a B.A. in Political Science from The Ohio State University and has participated in several political campaigns over the years. He also graduated from The Ohio State University College of Law and has over thirty years' experience in the administration of the Employee Retirement Income Security Act in the mutual funds and insurance industries.



STUDY GROUP DESCRIPTIONS, SPRING 2016 - WEDNESDAY

1114 21st Century Communications: Facebook and Beyond

Wednesday 9:30 – 11:30 a.m. (8 weeks)
February 24 through April 13, 2016

Most of this study group will be devoted to learning Facebook, the most important of the new social media with roughly 1.5 billion users throughout the world. You also will spend some time learning Twitter and YouTube and may touch on related technologies. However, the goal is for everyone emerging from this study group to be an accomplished Facebook user. Every participant must have a Facebook account. In the weeks between study group sessions, all will be expected to post and comment in a closed Facebook group restricted to this activity. We will rely on handouts and the overhead projector with a live Facebook connection. I see Facebook as a critical social connectivity tool for seniors. As my 80-year-old Facebook friend Grace put it: “Facebook has about saved my life! As an elder, we need contacts and I just love it.”

Study Group Size: Minimum: 10; Maximum: 25

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA

Group Leader: Greg Stone was Director of Internet Development at UMass Dartmouth, where he pioneered teaching online Web courses starting in 1996 and developed methods for teaching online and training faculty in the basics of online education at UMass Dartmouth and UMass Lowell. This early experience using the Web this way meshes nicely with the new age of social media tools such as Facebook.



1115 Art and Society of the Dutch Golden Age

Wednesday 9:30 – 11:30 a.m. (8 weeks)
February 24 through April 20, 2016

The seminar will be a thematic discussion of the art of the Dutch Golden Age from the late 16th to the early 18th centuries. The Dutch Republic was created during this period, became the first society in human history to achieve sustained economic growth, and, for a time, was at the center of the European economy and the first worldwide trading system. While we will not fail to feature the work of Rembrandt and Vermeer, we will focus on such larger issues as how this society developed what has been described as “a worldly art” that reflected the power and values of its urban ruling elites, as well as the lives and objects of its ordinary citizens. We will pay special attention to how the art of the period depicted the roles of women; how, despite the prevalence of secular subjects, it expressed religious and moral values; how new forms of genre developed landscape, portraiture, and still-life paintings; and how the Republic’s worldwide trade and imperial connections produced an art of mapping.

Study Group Size: Minimum: 12; Maximum: 30

Location: Southworth Library, 732 Dartmouth St., Dartmouth, MA

Group Leader: Gerard Koot is an emeritus Professor of History at the University of Massachusetts Dartmouth, where he taught modern European history with a focus on Western Europe and Britain. He has directed seminars for teachers supported by the National Endowment for the Humanities on the seminar topic and is a native of the Netherlands.

1116 Book Club for the Mind and Soul

Wednesday noon – 2 p.m. (10 weeks)
Group A: Feb. 17, Mar. 9, 30, Apr. 20, May 11, 2016
Group B: Feb. 24, Mar. 16, Apr. 6, 27, May 18, 2016

Love books? Come join our lively discussions and make connections to your own feelings. Travel with us to unexpected places and meet diverse people. Share your thoughts and feelings with us in a small, intimate setting. We have a chair waiting for you. The books for this semester are:

STUDY GROUP DESCRIPTIONS, SPRING 2016 - WEDNESDAY

1. *The Invention of Wings* by Sue Monk Kidd
2. *American Dervish* by Ayad Akhtar
3. *Ordinary Grace* by William Kent Krueger
4. *Johnstown Flood* by David McCullough
5. *The Light Between Oceans* by M. L. Stedman

The class will be divided into two groups. Each group will meet every third week.

Study Group Size: Minimum: 5; Maximum 12 per group

Location: Westport Council on Aging, 75 Reed Road, Westport, MA

Group Leader: Elaine Oliveira majored in English and taught English as a second language in local elementary schools and at Bristol Community College. She has been leading this book group since 2001.

1117 Literary Variety: Massachusetts Authors

Wednesday noon – 2:00 p.m. (9 weeks)

March 23 through May 18, 2016

This course will feature six different presenters, each with a lifelong enthusiasm for literature. All hold undergraduate and/or graduate degrees in English. The course will include seven classroom sessions and two field trips.

March 23

Bonnie Mendes, Somerset Library Director, will speak on Banned Books. You will be surprised at some of the banned titles.

March 30

Cheryl Day, former English teacher and Poe enthusiast, will discuss his works. She asks that you read *The Fall of the House of Usher* before this session meets.

April 6 and 13

Ralph Waldo Emerson and Transcendentalism will be the subject of **Russ Carey's** two-session presentation. He asks that you read Emerson's essay *Nature* before the first of these sessions meets. Russ will email copies of the essay to class participants prior to the course's commencing.

April 20

Beverly Clark, Wheaton College professor who has just published a book on Louisa May Alcott, will lead a session on the author. Beverly asks that you read *Little Women* prior to the class.

April 27

FIELD TRIP to the Fruitlands Museum in Harvard, MA – a utopian community founded by Bronson Alcott and Charles Lane. After a lunch break, there will be a guided tour of the Emerson House in Concord, MA

May 4

Jackie Rolnick, former English teacher, will lead a discussion on Thornton Burgess, a prolific Sandwich, MA writer of children's books.

May 11

Susan Richard, former English teacher, will introduce class participants to Edward Gorey, award-winning author, illustrator, and playwright.

May 18

FIELD TRIP to the Edward Gorey House Museum in Yarmouth Port, MA, then on to the Burgess Society Nature Center in East Sandwich, MA. Lunch will be at a local area restaurant.

Study Group Size: Minimum: 15; Maximum: 25

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA

Group Leader: Lorraine Carey is the study group coordinator.



1118 Conversational Spanish / Intermediate

Wednesday noon – 2 p.m. (9 weeks)

April 6 through June 1, 2016

This is an ongoing, progressive learning study group. It focuses on developing the participants' increased familiarity with the language and the ability to express oneself both orally and with the written word. Class discussion and group exercises are major components. *Spanish is Fun, Book 2*, is used as a reference text. Spanish music is also used as a learning tool. For new members, some basic prior knowledge of Spanish is required.

Study Group Size: Minimum: 5; Maximum 9

Location: Classroom B, The Second Half, 205 Bedford St., Fall River, MA

Group Leader: Mariano Merino is a native of Spain. He did graduate studies in Madrid. He has also done graduate work at Boston University and Rhode Island College. He has worked in the field of mental health.

1119 Ancient Greeks: Gods, Poets, Artists & Athletes

Wednesday 2:30 – 4:30 p.m. (6 weeks)

March 30 through May 4, 2016

This workshop will focus on Ancient Greece, specifically the Classical Age of the 5th Century BCE. Professor Miraglia will trace the origins of Greek architecture, sculpture, and painting from the pre-classical Archaic period (800 BCE to 489 BCE) to the Golden Age that produced such monumental works as the Parthenon. Professor Taggie will present an overview of Greek history, including Homer's Trojan War and Mycenaean Age, the glorious 5th century, Greek's self-destructiveness resulting in the Peloponnesian War and Alexander the Great's conquests leading to the Hellenistic Age. The artistic and intellectual transition from Classical to Hellenistic Greece will also be discussed. Additional topics will include the origin of Greek Drama, Greek religion, and the Olympics. All classes will include a detailed Power Point presentation to emphasize the topics.

Study Group Size: Minimum: 15; Maximum: 35

Location: The New Bedford Whaling Museum, 18 Johnny Cake Hill, New Bedford, MA

Group Leaders: Benjamin Taggie, Ph.D. in history, Professor Emeritus UMass Dartmouth, has taught Greek history for thirty years.

Anthony Miraglia, MFA, is a well-known artist and Professor of Fine Arts at UMass Dartmouth.

1120 Acoustic Guitar Class

Thursday 9:30 – 11:00 a.m. (8 weeks)

February 25 through April 14, 2016

Remember those days when you sat with friends, someone strumming an acoustic guitar? In this course you can recapture those times. These are not lessons. You won't learn to read music. You don't need any previous experience playing music or strumming a guitar. You will learn a few chords, a few rhythms, and half a dozen songs, and you'll make music with others in the class. With the techniques you learn, you can go on to play the music of the Beatles, James Taylor, Jimmy Buffet, and others; or you may want to go on to guitar lessons. **Please bring a guitar.**

Study Group Size: Minimum 1; Maximum 6

Location: Classroom B, The Second Half, 205 Bedford Street, Fall River, MA

Group Leader: Jim Luddy has played and taught acoustic guitar from 1970 to the present. He taught this class, a non-credit course, at Bristol Community College for twenty years. He has played with many bands and groups, including his own – The Jim Luddy Band – and in many venues. He has a Bachelor of Music degree from South-eastern Massachusetts University (now University of Massachusetts Dartmouth). Jim particularly enjoys teaching adults.



STUDY GROUP DESCRIPTIONS, SPRING 2016 - THURSDAY

1121 20th Century Supreme Court Decisions

Thursday 9:30 – 11:30 a.m. (8 weeks)

February 25 through April 21, 2016

Life in America has been dramatically shaped by Supreme Court decisions. Examine these findings as they impacted such issues as: civil rights, federal regulation of corporate America, abortion, prayer in schools, political contributions, and many other areas of concern.

Study Group Size: Minimum: 12; Maximum: 25

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA

Group Leader: Joseph Cote is a Fall River native. However, he spent much of his adult life in the South. He earned degrees from Elon University, East Carolina University, and a Doctorate in History from the University of Georgia. He enjoys playing bridge, playing the piano, and listening to music from the 1930s through the 1960s.

1123 Exploring Poetry as Readers and Writers

Thursday 10:30 – 12:30 p.m. (7 weeks)

March 17 through April 28, 2016

This semester we will continue our exploration of poetry in the Mattapoisett Library, inviting lovers of poetry, both new and returning students, to join us. We begin with each of us sharing a favorite poem for the class to discuss: what do we like about it and what makes it work? Each week we will discuss an aspect of poetry and be given a prompt or two to use in writing a poem to share the following week. This is a supportive group, kept small for active participation by all class members. Respectful feedback is encouraged. By sharing what we love, listening thoughtfully to others, and trying out new prompts each week, we will write and read poems of our own.

Study Group Size: Minimum: 7; Maximum: 10

Location: Community Room, Mattapoisett Free Public Library, 7 Barstow St., Mattapoisett, MA

Group Leader: Betty Jeanne (BJ) Nooth, a retired social worker and long-time member of The Second Half, enjoys all sorts of literary pursuits. For five semesters she has offered a poetry course in the Mattapoisett Library. She is delighted to have found new friends and interests in retirement!



STUDY GROUP DESCRIPTIONS, SPRING 2016 - THURSDAY

1124 Advanced Beginner Bridge

Thursday 9:30 – 11:30 p.m. (10 weeks)

February 18 through April 21

This study group is for those of you who have learned the basics of bridge but would like to sharpen your skills before moving on to Intermediate Bridge. The group leader will review Audrey Grant's Bridge Basics 1: An Introduction, introduce popular conventions that improve your ability to describe the strength and shape of your hand, and discuss the importance of making a plan in order to play effectively and make your contract. This ten-week study group provides a supportive, friendly environment for class members to interact with one another, stay mentally fit and just possibly improve their bridge skills along the way! Please come join us.

Study Group Size: Minimum: 8; Maximum: 12

Location: Bay View, 4380 North Main Street, Fall River, MA

Group Leader: Brenda Stone is a retired teacher and school psychologist and is accredited by the American Contract Bridge League (ACBL) to teach bridge. She plays bridge two or three times a week and enjoys helping others learn this exciting game.

1125 Five Modern Women Artists: a Workshop

Thursday noon – 2:00 p.m. (5 weeks)

April 7 through May 5, 2016

In this five-session workshop, each session will begin with a brief lecture, then a PowerPoint presentation of the artist, and end with the workshop activity developed by the instructor. We will look at some of the works of Berthe Morisot (1841-1895) and Mary Cassatt (1845-1926), two of the 'grand demoiselles' of Impressionism; Sonia Delaunay (1885-1979); Georgia O'Keeffe (1887-1986); and Helen Frankenthaler (1928-2011). For Morisot we'll sketch the face of an adult woman and then use crayons or chalk pastels or water colors. For Cassatt we'll sketch the face and profile of a child after which we'll use crayons or pastels or water colors; in this lesson the participants may use the sketches they did of a woman's face and that of



a child's. For Delaunay, a co-founder of the Orphism art movement noted for its use of strong colors and geometric shapes, crayons, pastels, or water colors will be used. In the lesson on O'Keeffe we'll cover all her 'styles,' but for the workshop itself we'll focus on her 'flowers' period. Water colors will be critical when we study Frankenthaler; we'll look at some different techniques to achieve a variety of effects when using this medium to emulate her signature style.

Study Group Size: Minimum: 8; Maximum: 15

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA

Group Leader: Ned Daniels has been an educator, administrator, author, lecturer, and consultant. His interest in art began when he was an undergraduate at Fitchburg State College and grew from there. Besides art courses, he has also been to many of the major museums in North America, Europe, and Asia. He has studied at the University of Paris, the Sorbonne, and holds degrees from Fitchburg, Framingham State, and Boston University.

1126 Master and Commander, Books 11 & 12

Thursday 1:30 – 3:30 p.m. (8 weeks)

April 7 through May 26, 2016

Whether you've just learned of the works of Patrick O'Brian or are an old hand, a special reading treat awaits you as we begin the sixth semester of these wonderful historic seafaring novels, set in the early 1800s during the Napoleonic Wars and the War of 1812, and written in Jane Austen's vernacular. The natural sciences are present in abundance as are espionage, romance, the practice of medicine of the era, etc., all exquisitely leavened with humor throughout. We will be reading books 11 and 12 this semester, *The Reverse of the Medal* and *The letter of Marque*, but each book stands alone, so it would be an easy matter to join us here. Several in the small class have been with us since the start; some know nothing of sailing, some are old salts. All are entranced with the literature, as are hundreds of thousands around the world. For an expert's view, Google: "Richard Snow, Patrick O'Brian, the New York Times."

Study Group Size: Minimum 6; Maximum 15

Location: Conference Room, The Second Half, 205 Bedford St., Fall River, MA

Group Leader: Harris Gruber has worked and lived on the waterfront since he was a boy. He "discovered" the works of Patrick O'Brian but a few years ago. He has delighted in their reading, and more in the sharing...you are invited to join us.



1127 Style and Elegance of a Whaling Town: Architecture in New Bedford

Thursday 2:30 – 3:30 or 4:00 p.m. (6 weeks)

April 21 through May 26, 2016

April 21

Architecture in New Bedford: Anatomy of History, Heritage and Innovation

New Bedford is an historic port city with the resources to build an exceptional future. Our port city's urban core of whaling and textile-era historic structures plays an increasingly important role in both preserving our history and building our future. How can we celebrate our past and adapt to the demands of a contemporary city? Architecture is the intersection of old and new – our buildings are the foundation of our heritage and the framework of our future.

Presenter: Kathryn Duff, Principal, Studio2sustain Architects.

STUDY GROUP DESCRIPTIONS, SPRING 2016 - THURSDAY

April 28

Capitals, Corbels, and Cornices: A stroll through New Bedford's architectural cornucopia

As the rings of a tree record its growth and season, so does the "Whaling City" reveal the richness of its architectural epochs, spreading concentrically from its center. Join us for an armchair peregrination through the city as we examine its remarkable abundance of every major style in American architecture.

Presenter: Arthur Motta, Director of Marketing and Communication –New Bedford Whaling Museum.

May 5

*Purchase and Union:

A Corner Through Time – Explore the cityscapes tracing the evolution of the corner of Purchase and Union Streets through the years as a microcosm of the city of New Bedford's historical adaptation to its changing needs.

Presenter: Michael Dyer, Senior Maritime Historian –New Bedford Whaling Museum.

May 12

*Rotch-Jones-Duff House and Garden

Built by shipwrights in 1834 for whaling merchant William Rotch, Jr., the Rotch-Jones-Duff (RJD) House and Garden Museum epitomizes the "brave houses and flowery gardens" described by Herman Melville in *Moby Dick*. Greek Revival in style, it was designed by architect Richard Upjohn, a founder and first president of the American Institute of Architects.

Presenter: Kate Corkum, Executive Director – RJD.



May 19

*Seamen's Bethel

Founded in 1830, the New Bedford Port Society maintains the historic Seamen's Bethel and Mariner's Home located on the top of Johnny Cake Hill in the New Bedford Whaling National Historical Park. Serving the maritime community for over 175 years, the Seamen's Bethel is also the site of dozens of weddings, christenings, and memorial services each year.

Presenter: Frederick Toomey, Seamen's Bethel.

May 26

*Preserving New Bedford's Story

Examine the history of urban renewal's impact on historic buildings, their subsequent survival or demise, and the preservation of downtown through the textile era to its resurgence today into the shift to the fishing industry. Explore urban renewal's ties to the working waterfront, and the ensuing development of the creative economy leading to today's current WHALE restoration initiatives.

Presenter: Teri Bernert, Executive Director, WHALE.

*Lecture includes walking tour

Location: The New Bedford Whaling Museum, 18 Johnny Cake Hill, New Bedford, MA

Study Group Leader: Eileen Sorrentino is the study group coordinator.

1128 Concert Masterworks, Part 1

Thursday 2:30 – 4:30 p.m. (8 weeks)

February 18 through April 7, 2016

The plan will be to cover Mozart's Piano Concerto No. 25 in C Major and Beethoven's Piano Concerto No. 5 in E flat Major, both in depth, in four segments each. The eight segments will have a 45 minute DVD presentation, supplemented with information from Grove's *Dictionary of Music and Musicians*, CD performances, YouTube performances, handouts, and discussion about form and composition technique. The main thrust will be on listening and better enjoyment and understanding of music.

Study Group Size: Minimum 5; Maximum 20

STUDY GROUP DESCRIPTIONS, SPRING 2016 - THURSDAY/FRIDAY

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA

Group Leader: Thom Sargent is Parish Music Director and Organist at St. Anthony of Padua Church in New Bedford. He retired in 2000 from the Providence, RI, school department as Music Director at Classical High School. His formal education includes degrees in church music and music education.



1129 Concert Masterworks, Part 2
Thursday 2:30 – 4:30 p.m. (8 weeks)
April 14 through June 2, 2016

Part I IS NOT a pre-requisite to Part 2.

The plan is to cover Dvořák's Symphony No. 9 in E Minor and Richard Strauss's "Death and Transfiguration," both in depth, in four segments each. Each segment will have a 45 minute DVD presentation, supplemented with information from Grove's *Dictionary of Music and Musicians*, CD performances, YouTube performances, handouts, and discussion about form, composition technique, and instrumentation. The main thrust will be on listening and better enjoyment and understanding of music.

Study Group Size: Minimum 5; Maximum 20

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA

Group Leader: Thom Sargent is Parish Music Director and Organist at St. Anthony of Padua Church in New Bedford. He retired in 2000 from the Providence, RI, school department as Music Director at Classical High School. His formal education includes degrees in church music and music education.

1130 Intermediate Handbells
Friday 9:30-11:30 a.m. (12 weeks)
February 19 through May 6, 2016

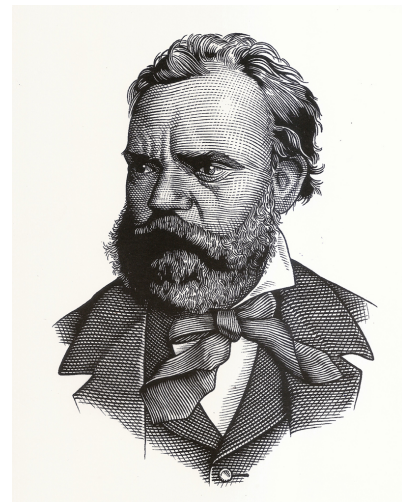
The Second Half Handbell Choir is an ongoing group of members who enjoy playing music together ringing handbells. New members with handbell ringing experience are always welcome.

Study Group Size: Maximum: 15

Location: Bay View, 4380 North Main St., Fall River, MA

Group Leaders: Diane Ennis is an experienced teacher, coach, and handbell ringer and has facilitated Handbells for Fun—Intermediate Level—for many years.

Co- Leader is Marilyn Potter. Marilyn has been playing handbells with The Second Half program for more than ten years, first with Julie Cleare as director and then with Diane as director. She has also played in Diane's bell choir at her church for ten years. Formal piano lessons started at age seven and continued to age 23. She has been a pianist, accompanist, and church organist for many years.



STUDY GROUP DESCRIPTIONS, SPRING 2016 - FRIDAY

1131 Using Lightroom in the Digital Darkroom

Friday 9:30 – 11:30 a.m. (6 weeks)

April 29 through June 3, 2016

This study group is about how to set up and use Adobe Photoshop Lightroom CC, though most of the instruction will apply to earlier, stand-alone versions of this photo storage and editing software. It will be assumed participants have some version of Lightroom, but those without this software can – as of this writing in the Fall of 2015 – get a 30-day free trial version from Adobe. Lightroom is a popular photo storage and editing software, but the general techniques and tools it uses can be found in other photo editing packages. Strong emphasis will be placed on how to set up Lightroom properly as well as when and how to use the sophisticated editing tools. While demonstrations will be done on a Mac, the software works almost exactly the same on Windows. This is meant to complement the Painting with Light Study group, but you need not enroll in both.

Study Group Size: Minimum: 8; Maximum:20

Location: Classroom A, The Second Half, 205 Bedford St., Fall River, MA

Group Leader: Greg Stone is an amateur photographer whose current passion is capturing images of active birds and animals in beautiful, natural settings. He sees digital darkroom tools as an easier, healthier, and much more enjoyable creative extension of the conventional, well-equipped film darkroom.

1132 Slightly More Advanced Bridge

Friday noon – 4 p.m. (10 weeks)

February 19 through April 22, 2016

This bridge study group is for those who have been playing bridge and know the basic conventions and rules of play (Rule #1 = have fun) and wish to advance. The afternoon starts with a half-hour discussion of the week's topic followed by the play of a set of duplicate bridge boards. Usually these boards are set up to practice the topic of the day. The study group decides the topics to be presented during the semester. Choices include: Defensive Signals,



Michaels Cuebid, Various Doubles, Slam Bidding, Overcalls, Opening Leads, or other conventions such as Puppet Stayman, Texas Transfer, Sprinter Bids, Jacoby 2NT, etc. It is helpful, but not necessary, to have a steady partner (interpret that as you will). There is always someone present needing a partner. During the study group's duplicate bridge play, we will practice duplicate scoring, bidding with the score in mind, and envisioning the shape of the opponents' and your partner's hands.

Study Group Size: Maximum 28

Location: Westport Council on Aging, 75 Reed Rd., Westport, MA

Group Leader: Al Humphrey is retired from a career in computers. He has revived his interest in bridge and has been leading this study group for many years. He plays bridge two or three times a week.

1133 American Mahjongg for Beginners

Friday noon – 2 p.m. (8 weeks)

February 19 through April 1, 2016

American Mahjongg is a variant of the Chinese game mahjongg and is played with four players using tiles stamped with Chinese symbols. The goal of the game is to be the first player to match your tiles to a specific hand on a standard scorecard.

Although originally played only by Chinese aristocrats, today mahjongg has millions of dedicated players around

STUDY GROUP DESCRIPTIONS, SPRING 2016 -FRIDAY

the world. The excitement of playing mahjonn is in the decisions that you need to make while trying to construct a winning hand. Should you discard a tile or keep the tile? Should you call for a tile that has been discarded or should you draw a tile from the wall? Class size is kept small so that three class members will have a study group leader at the table with them. Come join us in the game room at the Somerset Council on Aging and learn how to play this captivating game.

Study Group Size: Minimum: 3; Maximum: 6

Location: Somerset Council on Aging, 115 Wood St., Somerset, MA 02726



Group Leader: Sheila Weinberg has been teaching American Mahjonn at the Somerset Council on Aging for almost five years. She also has run three successful mahjonn tournaments to raise money for the Council on Aging center and for local charities. Sheila keeps her beginner groups small because to learn mahjonn students must play rather than just listen or watch.

Sheila introduced **Mary Martha Murphy** to mahjonn several years ago, and Mary Martha was hooked. The first tournament in which she participated was in Bridgewater, and although she was a little intimidated when she went into the facility, she left feeling quite at home with a new set of friends. In the next tournament, she came in first place quite by accident, and in the next tournament she shared the booby prize in last place! Win or lose, Mary Martha thinks playing mahjonn is a fun way to meet and spend time with people her own age. She also enjoys helping Sheila teach the game to beginners and is looking forward to assisting Sheila with this Second Half study group.



REGISTRATION TIPS

Please read study group descriptions carefully. Start and end dates, number of sessions, and locations of study groups vary.

List your study group selections by number--not name.

Only members of The Second Half may register for study groups.

The annual membership fee is \$35.00 and is generally payable with fall registration.

Tuition is \$150.00 for two courses, and \$30.00 for each additional course. Workshops, special events, and international trips are subject to additional fees.

Classes will be assigned and confirmations sent to members the week of February 5, 2016. Registrations may be submitted after that date, but some study groups may be filled.

Please keep a copy of your registration form.

Please make your check payable to *The Second Half*. Checks must accompany all registrations.

If you do not use e-mail, we recommend that you become a “buddy” with someone who does, as much of our communication is done by e-mail.

REGISTRATION BEGINS WEDNESDAY, JANUARY 22, 2016

REGISTRATION INFORMATION

Registration for study groups is on a first-come, first-served basis. Registration for spring study groups begins on **January 22, 2016**, the date of the Open House. You may submit your registration prior to that date, but early registrations will be date stamped January 22, 2016, and will be processed with the other registrations received on that date.

MEMBERSHIP/ REGISTRATION FORM

If you are a new member, please fill out both sides of the Membership/Registration Form.

ALTERNATIVE STUDY GROUPS

If there are more registrations than available spaces in a study group, spaces are filled by lottery. We maintain waiting lists for over-enrolled study groups.

If you do not get your first choice, you may be placed in an alternate study group that you indicate on the Registration Form. You will also be placed on the waiting list for your first choice.

PRIORITY REGISTRATION

Sometimes members are shut out of an over-enrolled study group. If that happens to you, you will be given priority for the same study group in the next semester.

If you were shut out of an over-enrolled study group, please indicate your request for priority on the Registration Form. **You must submit your request for priority by the first day of registration.**

REGISTRATION CONFIRMATION

The office will send out enrollment confirmations by regular mail after registration has closed on February 5.

WITHDRAWAL FROM A STUDY GROUP

If you withdraw from a study group before the end of the first week of classes, you will receive a full refund less a \$15.00 processing fee. The membership fee will not be refunded.

TRANSFERRING BETWEEN STUDY GROUPS

If you wish to transfer from one study group to another, you may submit your request to the Director by the end of the first week of classes. Changes are dependent on available space. We will do our best to satisfy your requests.

CANCELLING STUDY GROUPS

Study groups are cancelled if fewer than five or the minimum number of members indicated in the catalog, have enrolled;

CANCELLING STUDY GROUP MEETINGS

Study group meetings are cancelled

- whenever Fall River public schools are closed because of weather;
- when the group leader is unavailable.

The group leader will notify study group members of cancellations.

DONATIONS TO THE SECOND HALF: LIFELONG LEARNING INSTITUTE

YES, I AM PLEASED TO MAKE A DONATION TO THE SECOND HALF
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205 Bedford Street
Fall River, MA 01720

Thank you to all who have already made donations this year.

THE SECOND HALF: LIFELONG LEARNING INSTITUTE

MEMBERSHIP FORM 2015-2016

Members new to The Second Half: Please complete this form.
We'd like to get to know you better and ask that you respond to the following questions.
This information will allow us to better serve all our members.

Name _____

Address _____

Telephone _____ Email _____

How did you hear about The Second Half? _____

Age? Under 50 _____ 50-55 _____ 56-60 _____ 61-65 _____ 66-70 _____
71-75 _____ 76-80 _____ 81-85 _____ 86+ _____

College Degree? Yes _____ No _____ Major? _____

Work Experience? _____

Are you retired? _____ Work part-time? _____

Please describe any volunteer activities/hobbies/interests _____

If you have any teaching or group leadership experience, please describe. _____

Are you interested in participating in any of the following activities?

Lead a study group Yes _____ No _____

Assist a group leader in a study group Yes _____ No _____

Serve on The Second Half Board of Directors Yes _____ No _____

Serve on a TSH committee (Curriculum, Publicity, Membership, Special Events)

Yes _____ No _____ (If yes, circle which one)

Help with mailing and other office tasks Yes _____ No _____

Help with fund raising Yes _____ No _____ Help with grant writing Yes _____ No _____

Assist with the TSH website Yes _____ No _____

Membership fee is \$35.00 per year -- September 1, 2015 - August 31, 2016

Please make check payable to The Second Half and mail to 205 Bedford St., Fall River, MA 02720

THE SECOND HALF: LIFELONG LEARNING INSTITUTE REGISTRATION FORM - FALL 2015

Name _____ Home Phone _____

Address _____ Cell Phone _____

City/State/Zip _____

Email _____

Emergency Contact: Name _____ Phone _____

NEW MEMBERS: PLEASE COMPLETE THE MEMBERSHIP FORM ON THE REVERSE SIDE.

STUDY GROUP SELECTIONS

(Please do not use the name of the study group; use the number listed next to the study group name.)

(1) #_ _ _ _

(2) #_ _ _ _

(3) #_ _ _ _

(4) #_ _ _ _

(5) #_ _ _ _

(6) #_ _ _ _

REGISTRATIONS ARE HANDLED ON A FIRST COME/FIRST SERVED BASIS

If you registered for a study group in Fall 2015 and did not get in because of over-enrollment, and if the **SAME** study group is being offered this semester, please register as a priority for that study group this semester.

_____ I request priority for study group # _ _ _ _ . **Requests for priority must be made by January 22, 2016.**

In case you do not get into one of the study group listed above, indicate an alternate choice: # _ _ _ _

AMOUNT DUE

___ \$35.00 Membership dues for those who did not pay in Fall 2015

___ \$150.00 Tuition for up to two study groups

___ \$_____ Tuition for each additional study group (\$30.00 per study group)

___ \$50.00 Tuition for Level 1 Reiki Workshop

___ I am a Group Leader. My tuition fee is waived

\$ _____ TOTAL

Please make checks payable to: *The Second Half* and mail to The Second Half, 205 Bedford St., Fall River, MA 02720

Driving Directions to the Parking lots across from 205 Bedford Street, Fall River (There are two parking lots next to each other that are open to TSH members.)

From the East: Wareham/Marion

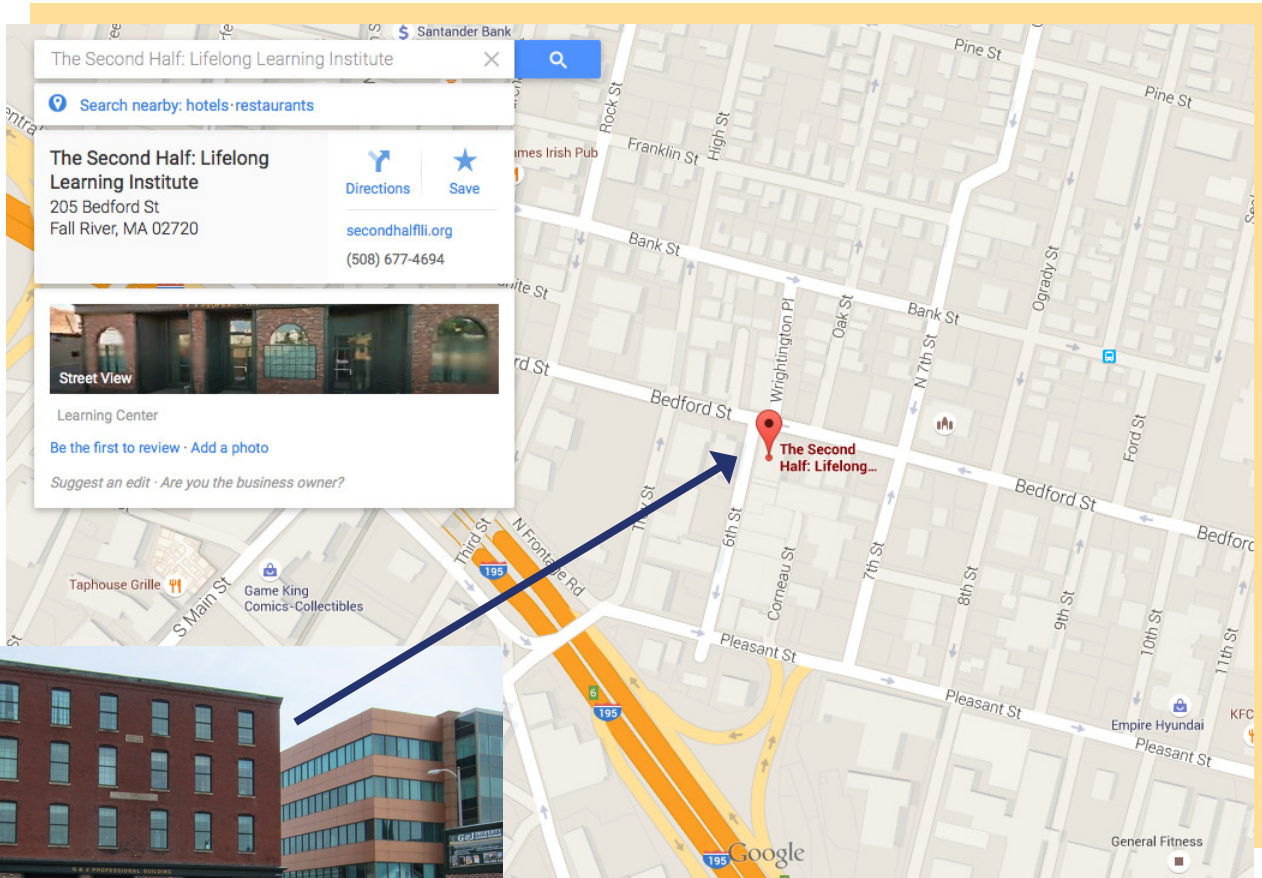
Take Route I-195 West
 Take Exit 6-7 toward MA-81 S/Plymouth Ave/Pleasant Street
 Keep left at the fork (the Pleasant St. Exit 6)
 Turn right onto Pleasant Street
 Take your immediate 1st left onto 7th Street
 Take your 1st left onto Bedford Street
 205 Bedford Street is on your left just before 6th Street
The parking lots are on the right directly across from 205 Bedford Street

From the West: Somerset/Providence

Take Route I-195 East
 Take the MA-81/Plymouth Ave Exit 6-7 toward Downtown Fall River
 Merge
 Turn right onto Hartwell Street
 Turn right onto 4th Street
 Take the 1st right onto Pleasant Street
 Turn left onto 7th Street
 Take the 1st left onto Bedford Street
 205 Bedford St. is on your left just before 6th Street
The parking lots are on the right directly across from 205 Bedford Street

From the North Taunton/Lakeville

Take 24 S to Route I-195 West
 Take Exit 6-7 toward MA-81 S/Plymouth Ave/Pleasant Street
 Keep left at fork (the Pleasant Street Exit 6)
 Turn right onto Pleasant Street
 Take your immediate 1st left onto 7th Street
 Take the 1st left onto Bedford Street
 205 Bedford Street is on your left just before 6th Street
The parking lots are on the right directly across from 205 Bedford Street



The Second Half: Lifelong Learning Institute
205 Bedford Street
Fall River, MA 02720

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SPRING OPEN HOUSE

Friday, January 22, 2016 at 1:00 PM

Westport Library

408 Old County Road, Westport, MA

(Snow Date: Friday, January 29, 2016 at 1:00 PM at Westport Library)

Learn more about the study groups we offer and get the chance to meet the group leaders.

No tests or grades - just stimulating learning in a relaxed atmosphere.



The Second Half: Lifelong Learning Institute

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