

# The Second Half

## Lifelong Learning Institute



# Fall 2024 Catalog

*Live*

*Learn*

*Connect*

# **WELCOME TO THE SECOND HALF LIFELONG LEARNING INSTITUTE**

**Our Mission is to provide comprehensive educational programming, social interaction, and travel enhancing the quality of life, and thereby empowering lifelong learners to age successfully.**

## **EXECUTIVE DIRECTOR'S MESSAGE**

*“Find a group of people who challenge and inspire you, spend a lot of time with them, and it will change your life.”* Amy Poehler

Let's think ahead to Fall. Autumn is a wonderful, colorful time of the year. It is a time for exploration, adventure, enrichment – and of course – LEARNING. Please join us this Fall Semester. It is a great time to make new acquaintances and refresh old friendships with those with similar interests.

The Second Half's Study Groups /Classes encourage and foster your opinions and thoughts. You matter to The Second Half. We want you to feel relaxed and comfortable as you experience and share new information. We are a community of learners, teachers, travelers, friends, and potential friends. Our strength is in our membership. We offer in-person and Zoom classes. Our classes are located all around the Southcoast.

This catalog will give you a brief yet informative narrative of all classes that we will offer for the Fall semester.

I am always available if you have questions about The Second Half, the amazing Fall classes that we are offering, or anything that you might not understand about the process of registering for a class.

## **IMPORTANT DATES TO REMEMBER FOR THE FALL SEMESTER**

Registration for Fall classes begins on August 23, but it is important that you mail in your registration with your membership and selection of classes as soon as possible. Your registration is complete when we have received your payment.

We have classes that begin in September, October, and November--even some in December.

Please check this catalog for the dates, times, and locations for classes. I will notify you once I receive your registration to provide you with confirmation.

Call me with questions or if you need additional information.

Hope to see you this Fall

Roberta Melton Executive Director

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### 2801 This Is Your Environment!

**9:30 – 11:30 A.M., September 23, September 30, October 7, October 21, October 28, and November 4 (6 weeks) (NO CLASS ON OCTOBER 14)**

Here in our Southcoast Area there are concerns about our environment, and exciting changes are rapidly taking place!

We are just beginning to understand the impact of what is happening with wind energy, technology, fishing, marine life, sustainability, climate change, and many others.

In this course on the environment, you will learn much from experts through their expertise in their fields, as well as what challenges they will present for us to consider our own participation.

**September 23: The Evolution of the New Bedford Fishing Industry, Captain Jim Kendall, New Bedford Seafood Industry** Over many years, the fishing industry has evolved from using archaic vessels and ancient methods to modern boats and practices. It is a fascinating history. Put ashore by accident after a 30-year fishing career, Captain Jim became a consultant for Whitney Industries. Always representing the fishermen, he obtained grant money from the city for training for fishermen and for assisting them with other concerns throughout their careers.

**September 30: Vineyard Wind: New Bedford and Beyond, Nancy Devlin Edwards** New Bedford, with the Vineyard Wind 1 offshore wind lease, became the first major wind turbine project in the U.S. The New Bedford terminal is in the process of assembling 62 wind turbines, to be installed south of Martha's Vineyard, to power hundreds of thousands of homes in Massachusetts.

Nancy left this area for college when she was 19, not to return for sixty years. She has used her camera to document the dramatic changes of those years, the fishing boats, and the turbines.

**October 7: What is the state of the Watershed, and how can you protect it? Deborah Weaver, Executive Director, Westport River Watershed Alliance** The watershed that feeds into the river covers almost 100 square miles, including Westport, Fall River, Dartmouth, Little Compton, and Tiverton. Our estuary is the largest one in Buzzard's Bay, a valuable and fragile resource to many species.

Deborah Weaver has been the Director of WRWA for ten years. In addition to launching new initiatives, she led the Capital Campaign to raise over \$2 million to renovate the River Center, which offers science-based activities and displays. Previously she founded two successful non-profits and taught in colleges in the Boston Area.

#### October 14: NO CLASS

**October 21: A Legacy of Sustainability: Round the Bend Farm, A Center for Restorative Community, Desa VanLaarhoven, Executive Director, Round the Bend Farm** Desa will be showcasing how Round the Bend Farm, A Center for Restorative Community, developed into a nonprofit organization. She will explain the organization's values: to model nature, value diversity, and redefine wealth to practice sustainably; and highlight the organization's expansion into three programs: education, farming, and their food donation and education project: Manifest Love.

Desa VanLaarhoven is the Executive Director and Founder of Round the Bend Farm, and the founder of RTB as a 501(c)(3) nonprofit organization. She has a B.S. in biology from Stonehill College, where she studied environmental sciences. Desa was also the Executive Director of the Marion Institute for nearly a decade before stepping down to create and support Round the Bend farm.

**October 28: Protection, Stewardship, and Restoration: Lessons from 20 years in Ecological Management, Nick Wildman, Executive Director, Dartmouth Natural Resources Trust** Protecting resources, managing them wisely, and restoring ecological functions are three pillars of environmental responsibility. Nick will describe how partnerships with

## MONDAY CLASSES

diverse stakeholders are making a positive change for our environment.

Nick Wildman is the Executive Director of Dartmouth Natural Resources Trust. Before joining DNRT, Nick led the Massachusetts Division of Ecological Restoration in removing 20 dams and consulted on 20 wetland projects. He holds a master's degree from Duke University.

**November 4: How the population dynamics of local commercial fisheries will be impacted by the installation of offshore wind farms, *Sierra Wachala*, Ph.D. student at School for Marine Science & Technology University of Massachusetts Dartmouth**

**(SMAST)** Sierra is conducting research on zooplankton abundance and distribution in Southern New England. Her specialties are zooplankton and invasive species. She holds an M.S. from the University of Wisconsin in Ecology and Evolutionary Biology, a B.S. from the University of South Carolina in Marine Science. She is a member of the Phi Beta Kappa Honors Society and is a NOAA Hollings Scholar.

**Location:** The Wamsutta Club, 427 County Street, New Bedford. Located in the James Arnold Mansion.

**Facilitator: Norma Olivier**

Norma received her B.S.N. degree from Georgetown University and has worked as a nurse, retreat leader, and trainer in communication skills for over fifty years. She is the mother of five children and enjoys family and volunteering for her church, community, and The Second Half.

### 2802 Make Your Bed

**9:30 – 11:30 A.M., September 30 – November 4 (NO CLASS ON OCTOBER 14)**

This class will discuss how to improve the quality of your life as told by four-star Admiral William H. McRaven. He talks about things and people and lives well lived that have influenced him and that he has learned from.

**LOCATION:** Acushnet Council on Aging

**Facilitator: Joan Fye**

Joan has bachelor's and master's degrees in psychology and has worked at the New Hampshire State Prison for men and as a therapist with the VA Vet Centers, focusing primarily on combat soldiers with PTSD. She has been a member of The Second Half since 2015 and loves it.

### 2803 Classic Film Comedy

**10:00 A.M. – 12:30 P.M., September 23 – November 18 (7 weeks)  
(NO CLASS ON NOVEMBER 11)**

You will learn about, watch, and discuss seven comedy classics.

- *The General*
- *City Lights*
- *Duck Soup*
- *It Happened One Night*,
- *Singing in the Rain*
- *Some Like it Hot*
- *Dr. Strangelove*

**Location:** Somerset Library, 1464 County Street, Somerset

**Facilitators: Clem Brown and Jim O'Rourke**

Clem worked for many years as a municipal and employment lawyer but has also been a musician, poet, ceramic worker, construction worker, fishmonger, waiter, short-order cook, store manager, teacher, and an administrative secretary.

Jim is a retired lawyer. Besides his law degree, he has an M.A. in history from the University of Connecticut. He has also taken several courses on film studies at the University of Massachusetts Dartmouth.

in making the experiential knowing relevant to the wellbeing of others and the environment.

## MONDAY CLASSES

### 2804 “I’ve Got It on Vinyl”: Pop Vocalists of the 1950s

**Noon – 2:00 P.M., September 23 – November 4  
(NO CLASS ON OCTOBER 14) (6 weeks)**

Some folks may have forgotten how good these records really sounded. After the CD era started in the mid-1980s, most people gave up on records, but it has been proven that the original always sounds better! Join the “Old School DJ.” Listen to Frank Sinatra, Tony Bennett, Johnny Mathis, Joe Williams, Bill Eckstein, Jimmy Rosella, Ella Fitzgerald, Sarah Vaughn, Billie Holiday, Peggy Lee, June Christy, Rosemary Clooney, Carmen McRae, Patsy Cline, Count Basie, and Duke Ellington. We will listen to them on Original LP Vinyl releases from the 1950s played through a Vintage Vacuum Tube Amplifier. If you sign up for the class, you may ask ahead of time to hear your favorite artists played live.

At the end of each class, participants can ask questions about how these recordings were made and share their own experiences and memories from the Golden Era of the Pop Vocalist. This is before Rock and Roll and Pre-Beatles, which changed the musical landscape for the adult listener.

**Location:** Wamsutta Club, 427 County Road, New Bedford

**Facilitator:** *Lee Carroll*

Lee is a lifelong music enthusiast & record collector.

### 2805 Caring for Self, Others, and the Environment

**12:30 – 2:30 P.M., September 23 – November 4  
(NO CLASS ON OCTOBER 14) (6 weeks)**

This is an experimental course in which students and faculty work together to address the nature of personal mind/body/spirit connectedness as integral to healing and health. Each student is his/her own “laboratory,” experiencing and learning how to make choices supportive of personal wellbeing. Students are assisted

**Location:** Dartmouth Council on Aging, 628 Dartmouth Street. The classroom is in the Bullard Wellness Building behind the main building.

**Facilitator:** *Dorothy Dunn*

Dorothy is a family nurse practitioner with a doctorate in Philosophy of Nursing Science from Florida Atlantic University. She recently retired as Associate Professor at Northern Arizona University, Flagstaff, Arizona, and is the past Chair and Associate Professor from University of Massachusetts Dartmouth. Credentialed as a board-certified Advance Holistic Nurse and Reiki II practitioner, she will guide students in enhancing their wellbeing this fall semester.



## TUESDAY CLASSES

### 2806 Money & Banking: History and Practice

**9:30 - 11:30 A.M., October 29 – December 3 (6 weeks) (NO CLASS ON NOVEMBER 5)**

We will discuss the history of money and banking, starting from the first coins in Sumeria and Libya and continuing to the current day. Banks similarly will be covered from their start as a means of moving funds across countries to modern central banks and the current banking rules. United States evolution will be discussed from colonial times through the Bank of the United States, the National Bank Act in the Civil War and the start of the Federal Reserve. We will look closely at the impact of crises on the evolution of banking and the need for government borrowing in warfare as shaping regulations. How various religions get around the general religious bans on usury will also be discussed. A fuller discussion of the Federal Reserve and the rules on interstate banking will close the class.

**Location:** Dartmouth Council on Aging, 628 Dartmouth Street, Dartmouth. The classroom is in the Bullard Wellness Building behind the main building.

#### ***Facilitator: David Wyss***

David Wyss has a B.S. from MIT and a Ph.D. in Economics from Harvard. He has worked for both the Federal Reserve and the Bank of England, as well as the President's Council of Economic Advisers. After 20 years of working for a consulting forecasting firm (DRI, now Global Insight) in both London and the United States, he became the Chief Economist at Standard and Poors. Most recently, he was an adjunct professor in the Economics Department at Brown University.

### 2807 Abraham Lincoln, A Life of Transformation: Can We Learn from His Extraordinary Legacy?

**9:30 – 11:30 A.M., September 24, October 1, October 8, October 22, October 29 (5 weeks) (NO CLASS ON OCTOBER 15)**

Lincoln, like no other American leader, was born into dire poverty and severe discouragement of learning. Through an unwavering devotion to self-education and a lifelong journey to grow, he saved our country and set the highest bar of leadership. The goal of our class is to study Lincoln's life as he moves from his early years, into mid-life, the presidency, and his tragic death. Along the way, we will engage in hearty discussions striving to apply this extraordinary life and its meaning to today. We will focus on Lincoln's leadership skills, surrounding himself with contrasting views, gauging public opinion, and achieving foreign compromise.

**Location:** Wamsutta Club, 427 County Street, New Bedford

#### ***Facilitator: Dave Tatelbaum***

Dave and his wife Jan recently retired as owners of the Big Value Store in South Dartmouth. During all those retail years, Dave developed a profound love and reverence for Mr. Lincoln, attending lectures, events, sites and, of course, reading many of the 30,000 books and articles written about this profound, complex man. Dave earned a B.S. from Boston University and is now fulfilling a lifelong dream: to lead a class on Lincoln, for "anyone who will listen." Dave currently serves on the Select Board in the Town of Dartmouth and constantly strives to use Lincoln's example.

### 2808 The 2024 Presidential Election

**Noon – 2:00 P.M., September 24, October 1, October 8, October 15, October 22, October 29, November 5, November 12 (8 weeks)**

This class will provide members with an opportunity to talk about the 2024 presidential election. We will focus on several issues, among them, how a former president who has been twice impeached and is now a convicted felon has managed to dominate the Republican primaries and become the GOP nominee for president in 2024. The sentencing for Trump's conviction on 34 felony charges in his New York trial for falsifying business records has been postponed by the trial judge from July until September because of the potential impact of the Supreme Court's decision on presidential immunity issued on July 1<sup>st</sup>. This left a major issue about the

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GOP nominee unresolved before the Republican National Convention. This situation is unique in American political history.

President Biden's surprising step down from the Democratic candidacy in favor of Kamala Harris adds another unprecedented twist to the election.

In addition, we will analyze how the forces of authoritarianism, populism, polarization, and economic uncertainty are likely to influence the campaign. The result of this bitter contest is that this will be the most consequential election in United States history, and it will determine whether the United States remains a democracy or becomes an authoritarian regime.

**Location:** Wamsutta Club, 427 County Street, New Bedford

### **Facilitator: Bob Miller**

Bob has a B.A. in Political Science from The Ohio State University and has participated in several political campaigns over the years. He also graduated from The Ohio State University School of Law (Moritz) and has thirty years' experience in the administration of the Employee Retirement Income Security Act (ERISA) in the mutual fund and insurance company industries.

### **2809 Art of the Short Story: The Stories of John Cheever**

**1:30 – 3:30 P.M., September 24 – November 12 (7 weeks) (NO CLASS ON NOVEMBER 5)**

The class will examine 28 short stories of an American master of the form, John Cheever, of whom *The Guardian* wrote, "Cheever's crowning achievement is the ability to be simultaneously generous and cynical, to see that the absurd and the profound can reside in the same moment, and to acknowledge both at the detriment of neither." The text is *The Stories of John Cheever*, now a Vintage International paperback. The hardcover was the winner of the National Book Critics Circle Award and the Pulitzer Prize in 1978. As *The New Republic* concluded, "John Cheever is a magnificent storyteller, and this is a powerful and dazzling book."

**Location:** Lawler Library, 745 Rockdale Avenue, New Bedford

### **Facilitator: James Cronin**

After a four-decade career in the law, first as a trial lawyer then as a juvenile court judge, James Cronin in retirement returned to earlier interests: teaching, literary studies, and writing. He has an undergraduate degree from Harvard University in English Literature and has taken numerous courses in creative writing since 2007. He has taught a course on the art of the short story for more than twelve years at The Second Half. His first book of poetry, *World of Shadows*, was published in 2018 by The Poetry Loft Press of Cranston, Rhode Island. His second book of poetry, *The Mortal Angels*, is scheduled for publication this September.

### **2810 Armchair Travel**

**2:30 – 4:30 P.M., October 22 - December 3 (NO CLASS ON NOVEMBER 5)**

Join us for six-week, two-hour sessions as we travel to foreign lands through the eyes and personal experience of each presenter. Some of the locations visited will be familiar, some exotic. All will be interesting.

**October 22: A Look at London, Liz Lafleur** Rich in history, pageantry, art, and architecture, A Look at London will explore this cosmopolitan city through the eyes of your presenter and through the eyes of various artists over time, including Claude Monet, who created over 100 paintings during several visits to London.

**October 29: The Road to Santiago, Mariano Merino** Tradition says that the apostle St. James was buried in the city of Santiago de Compostela in Northwest Spain. Beginning in the 11<sup>th</sup> century, his burial site became one of the three most important pilgrimage sites in all of Christendom.

Pilgrims from all over Europe came to venerate the apostle following what became known as the Road to Santiago. In this presentation we will explore the history, culture, art, miracles, and myths associated with this famous pilgrimage road.

**November 12: The Route of The Mayan Civilization, Jennifer Brindisi**

Follow me on my adventure to the Central American countries of El Salvador, Guatemala, Honduras, and Belize. We will visit Mayan archeological ruins deep in the jungles and see how the culture continues its presence 2000 years after its decline. We will visit nature reserves with



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volcanoes, an ancient forest, a bird sanctuary, and make home visits to see how the people live and work today.

**November 19: A Journey Through Jordan and Egypt, Sheila and Gerard Koot** Escorted by Overseas Adventure Travel (OAT), we spent a week in Jordan traveling the King's Highway from Amman to Petra. Then the six of us flew to Cairo and met five others along with an OAT guide and spent two more weeks in the land of the Pharaohs. Travel along with us as we share our photos and impressions of amazing countries full of ancient monuments and contemporary sights and people.

**November 26: An Unexpected Adventure TBD** Join us as we take an unexpected adventure to locations often unvisited by travelers but sure to please.

**December 3: Marvelous, Mysterious, Mallorca, Madeira, and Montserrat, Liz Lafleur** Join me on this journey to the islands of Mallorca and Madeira, including a side trip to Montserrat, Spain. Mallorca's stunning coastline and wondrous cultural traditions; the spectacular natural park; and the mountain of Montserrat, Spain, with its Benedictine Monastery and Black Madonna in the Basilica of Montserrat are all certain to delight the unsuspecting traveler.

**Location:** Online Zoom

### **Facilitator: Liz Lafleur**

Liz, a member of The Second Half since 2016, enjoys reading and traveling and looks forward to sharing these adventures with you.

## 2811 History in 100 Songs

**2:30 – 4:30 P.M., January 7- February 11, 2025**

Music is the backdrop to life and oftentimes reflects the period in which a song was written. During this six-week course, our first iteration of History in 100 Songs, we will examine a minimum of six songs, exploring in depth the history and lyrics, the musicians, the culture, and the periods in which they were written.

**Note:** Our musical journey of one song may take us to explore others, but regardless of our journey, we are certain that you will enjoy this magical, mystery ride! We hope that you join us in our adventure!

**January 7:** *For When It's Worth/Something Happening Here*

**January 14:** *Over There*

**January 21:** *Boogie Woogie Bugle Boy*

**January 28:** *The Wreck of the Edmund Fitzgerald*

**February 4:** *Ohio*

**February 11:** *Jacob's Dream*

**Location:** Online Zoom

### **Facilitators: Carol Gafford and Liz Lafleur**

Carol is the Youth Services/Outreach Librarian at the Swansea Public Library. In addition to her involvement with genealogy, she has done a series of outreach programs over the last ten years.

Liz, a member of the Second Half since 2016, enjoys reading, traveling to exciting locations, art, and of course music.



## WEDNESDAY CLASSES

### 2012 Adventures into the Night Sky

**9:30 – 11:30 A.M., October 2 - November 13  
(7 Weeks)**

How often do you look up at the night sky and wish you knew just a little more about the constellations, planets, etc. This course will start with some history of how we humans understand our surroundings. We will then spend a little time understanding the size and scale of our solar system, our galaxy, and the universe. We will start our adventure into the sky by first discussing what can be seen with only the unaided eye, a common binocular, and a small telescope. This will include hints and suggestions concerning how to buy binoculars and a small telescope. We will discuss many constellations, how they got their names, the mythology behind the constellations, and how to identify them. There are also separate sessions for investigating our solar system, stars (including our sun), nebulae, and galaxies. We will conclude with how to use your smart phone to find constellations, planets, etc., and how to perform basic photography. While I will cover a great deal of deep-sky objects, I just want everyone to look up into the night sky.

NO HOMEWORK – NO QUIZZES – JUST COME AND HAVE FUN.

**Location:** Dartmouth Council on Aging, 628 Dartmouth Street, Dartmouth. The classroom is in the Bullard Wellness Building behind the main building.

**Facilitator: Roger Menard**

Roger is Vice President of the Astronomical Society of Southern New England. He has been an avid astronomy enthusiast and Astro photographer for knowledge and experience.

### 2813 Historical Kaleidoscope

**Noon – 2:00 P.M., (except for class on October 9), September 18 – October 30 (7 weeks)**

This study group is for anyone who likes history and is open to a little adventure. We want you to experience something new and unique each week.

**September 18: What You Do NOT Know about the Pilgrims, Nancy Ratner**

**Noon – 2:00 P.M.** In this week's class, Nancy will present some fascinating facts about the Pilgrims. Did you know that Pilgrims dressed in very colorful clothing, like blues, greens, and even oranges? Who knew? Nancy Ratner is a ten-year member of the General Society of Mayflower Descendants (Plymouth, Massachusetts). She is also a member of the Florida Society of Mayflower Descendants. She is a member of Daughters of the American Revolution (DAR), Daughters of the War of 1812, Daughters of Indian Wars, Jamestown Society Pilgrimage Richard Warren Descendants, Pilgrimage Edward Doty Society, and the Stenson Kindred of America. Her interest in genealogy started with a family story of a familial connection to Governor William Bradford. During her research, she found an additional nine pilgrims totally unknown to her family.

**Location:** To be determined.

**September 25: The Night Sky, Roger Menard**

**Noon – 2:00 P.M.** How often do you look up at the night sky and wish you knew just a little more about the constellations and planets? My sole intent is to leave you with a slightly better understanding of what you see when you look up into the night sky.

Roger is a member of the Astronomical Society of Southern New England. He has been an avid astronomer for several years and would like to share his knowledge and expertise with you.

**Location:** North Branch Library, 211 Cross Road, North Dartmouth

**October 2: Tour of Oak Grove Cemetery, Gale Powers**

**Noon – 2:00 P.M.** Oak Grove Cemetery is a historic cemetery located in Fall River. It was established in 1855 and greatly improved in the years that followed. The cemetery originally contained 47 acres but has since been expanded to over 120 acres. It is the city's most significant cemetery, built in the planned rural-garden style of Mt. Auburn Cemetery in Cambridge. Notable burials at Oak Grove include Borden family: Abby Durfee Borden, Andrew Jackson Borden, Lizzie Borden, Emma Borden.

## WEDNESDAY CLASSES

Earle Charlton: co-founder of the F.W. Woolworth Company.

Bradford Durfee (Durfee High School is named after him).

Maude Parlin: pioneer female architect and 1907 MIT graduate. She designed many buildings in Fall River. And this is just a partial list. The cemetery is in the National Register of Historic Places

Gale is a Board Member of the Preservation Society of Fall River. She was born, raised, and educated in Fall River and continues to be a Fall River resident. Her interesting tour will include burial sites of founding pioneers of the city of Fall River, including mill owners, business owners and other notables.

**Location:** Oak Grove Cemetery, 765 Prospect Street, Fall River.

### **October 9: A Day in the Life of the Lagoda, Captain Michael H. M. Taylor**

**NOTE: Class times are 12:45 – 2:45 P.M.**

The Lagoda was a real whaling vessel, which served many other functions during its nautical career, spanning 1826-1890. It was a large ship, 340 tons, made of Maine timber and Massachusetts white oak. The ship has an interesting history, and Captain Taylor and Nancy Gentile are here to navigate the fascinating journey of the Lagoda.

Captain Taylor spent the first half of his career in the British Merchant Navy, starting as an Apprentice in 1958 and rising to Ship's Master. He has sailed in all classes of vessels and to ports all over the world. In 1978 he came to the United States to manage vessels trading carrying cargoes to North Africa and the Middle East. Later he has employed as Vice President at Maritime International New Bedford. On retirement, he farmed in South American before returning to Massachusetts, where he now volunteers as a docent at the New Bedford Whaling Museum.

Nancy Gentile spent 39 years as a research librarian in various capacities in private and public libraries. After stints at the Newton Public Library and Millipore Corporation, her longest tenure was at the Robbins Library in Arlington, Massachusetts, where she was Head of Adult Services. Nancy has been a docent at the New Bedford Whaling Museum since 2017. She enjoys

giving tours to student groups and visiting adults weekly. Nancy resides in Mattapoisett with her husband Mark.

**Location:** North Branch Library, 211 Cross Road, North Dartmouth

### **October 16: A Tour of Easton Historical Society & Museum, Easton, Massachusetts**

**Noon – 2:00 P.M.** North Easton Village is a nationally important 19<sup>th</sup> century industrial village that grew around the historic Ames Shovel Shops. The buildings in the village reflect a patchwork of eras. The earliest dates from the 18<sup>th</sup> century, prior to the advent of the Ames Shovel Company.

IN 1803 Oliver Ames bought a mill for his growing shovel business. He brought his sons into the business in 1843. The sons brought their sons into the business in 1863. In 1879, the company manufactured 60 per cent of the world's shovels. This collection of buildings was a focal point for the village. All of the buildings still remain.

The last of the family died in 1959. But their legacy of this historic village lives on with his tour.

**Location:** 80 Mechanic Street, North Easton

### **October 23: Tour of the Greater Fall River Art Association**

**Noon – 2:00 P.M.** The Greater Fall River Art Association was officially founded in 1956 by a group of people interested in bringing to our community a greater awareness and deeper understanding of the visual arts. The first national show was held in 1957 and the first regional show in 1965.

The present Art Association building in Fall River was purchased in 1963. It is a beautiful building. On the first floor there is a reception hall, two parlors, a dining room, and kitchen. These rooms are used for exhibitions and events. The second floor has a classroom, three resident artist studios and the WPA Gallery containing a rare collection of Depression Era paintings. Office space and additional artist studios are on the third floor. Classes are taught on a regular basis throughout the year, and exhibits are presented monthly.

**Location:** 80 Belmont Street, Fall River

### **October 30: World History Through the Lives of Women of Power and Change, Sonia Pacheco**

## WEDNESDAY CLASSES

**Noon – 2:00 P.M.** This lecture will provide an overview of world history (roughly 8000 BCE through the present day) through the experiences and lives of women who held power or were agents of change during their lifetimes. Through the lives of these women, class members will learn how societies changed during these different periods, sometimes for the better and sometimes aggressively; how the lives of women reflected the economic realities and social attitudes and norms of their communities; and how specific women impacted and were impacted by the societies they lived in.

Sonia Pacheco is a Social Science and History Librarian at the Clare T. Carney Library at the University of Massachusetts Dartmouth. She was formerly the archivist for the Ferreira-Mendes Portuguese-American Archives in the Archives and Special Collections Department of the Claire T. Carney Library. She received her Master of Information Studies from the University of Toronto and a Master of Arts in History from the University of Massachusetts Boston.

**Location:** University of Massachusetts, Claire T. Carney Library, 2<sup>nd</sup> floor, Room 314.

**Facilitators: Lois Spirlet and Roberta**

**Melton**

We both love history, and we are always up for a good adventure. We would love for you to join in the fun.

### 2814 Book Club for the Mind and Soul

**Noon – 2:00 P.M., September 25 - November 20**

**September 25: *The Women* by Kristin Hannah (480 pages)**

Women can be heroes. When twenty-year-old nursing student Frances “Frankie” McGrath hears these words, it is a revelation. Raised in the sun-drenched idyllic world of Southern California and sheltered by conservative parents, she has always prided herself on doing the right thing. But in 1965, the world changed. And she suddenly dares to imagine a different future for herself. When her brother ships out to serve in Vietnam, she joins the Army Nurse Corps and follows his path.

*The Women* is a story of one woman gone to war, but it shines a light on all women who put themselves in

harm’s way and whose sacrifice and commitment to their country has too often been forgotten. A novel about deep friendships and bold patriotism, *The Women* is a richly drawn story with a memorable heroine whose idealism and courage under fire will come to define an era.

**October 16: *Mad Honey* by Jodi Picoult (464 pages)**

Olivia McAfee knows what it feels like to start over. Her picture-perfect life in Boston, married to a brilliant cardiothoracic surgeon and raising a beautiful son, Asher, was upended when her husband revealed a darker side. She never imagined she would end up back in her sleepy New Hampshire hometown, living in the house she grew up in, and taking over her father’s beekeeping business.

Lily Campanello is familiar with do-overs, too. When she and her mom relocated to Adams, New Hampshire, for her final year of high school, they both hoped that it would be a fresh start.

**November 6: *The Berry Pickers* by Amanda Peters (307 pages)**

A four-year-old Mi’kmaq girl goes missing from the blueberry fields of Maine, sparking a tragic mystery that haunts the survivors, unravels a community, and remains unsolved for nearly fifty years.

In Maine, a young girl named Norma is often troubled by recurring dreams and visions that seem more like memories than imagination. As she grows older, Norma slowly comes to realize there is something her parents are not telling her. Unwilling to abandon her intuition, she will spend decades trying to uncover this family secret.

**November 20: *Remarkably Bright Creatures* by Shelby Van Pelt (360 pages)**

After Tova Sullivan’s husband died, she began working the night shift at the Sowell Bay Aquarium, mopping floors and tidying up. Keeping busy has always helped her cope, which she has been doing since her eighteen-year-old son, Erik, mysteriously vanished on a boat in Puget Sound over thirty years ago.

Tova becomes acquainted with curmudgeonly Marcellus, a giant Pacific octopus living at the aquarium. Marcellus knows more than anyone can imagine but would not dream of lifting one of his eight arms for his human captors, until he forms a remarkable friendship with Tova.

**Location:** 1600 Highland Avenue, Fall River

## WEDNESDAY CLASSES

### **Facilitators: Anne Maranda and Maureen Audet**

Anne is a retired elementary school teacher. She taught in Boston, Acushnet, and New Bedford public schools, and at Dominican Academy in Fall River.

Maureen is retired from the Verizon Telecommunications Company. She finally has time to read as many books as she wants and enjoy them.

### **2815 Conversational Spanish: Intermediate Level**

Noon – 2:00 P.M., October 2 - December 11  
(NO CLASS ON NOVEMBER 27<sup>TH</sup>) (10 weeks)

This is an ongoing, progressive learning study group. It focuses on increasing the participants' familiarity with the Spanish language and their ability to express themselves both orally and with the written word. Class discussion is in Spanish. Review of written exercises and increased mastery of grammar are major components of the class. Anyone with a basic knowledge of Spanish is welcome to join the class.

**Location:** Online Zoom

### **Facilitator: Mariano Merino**

Mariano Merino is a native of Spain. After graduate studies in Madrid, he continued his graduate education at Boston University and Rhode Island College. He has worked in the field of mental health. Retired for over a decade and a half, he enjoys engaging in new learning and continued education. He has facilitated several courses for The Second Half.

### **2816 A Six Pack from the Mind of Melvin James Kaminsky: Six Outrageous Films from The Unfiltered Mind of Mel Brooks and Friends**

12:30 – 2:30 P.M., September 18 – October 23  
(6 weeks)

Starting with *The Producers* and ending with *High Anxiety!*, I am sure that you can guess the middle four films.

Why? Why not? We can all use a good laugh in these troubled times! There will be no excuse for not laughing, and I DO MEAN NO EXCUSE! We'll talk about our

favorite bits and just thank the gods that they gave us: Melvin James Kaminsky.

**Location:** Dartmouth Council on Aging, 628 Dartmouth Street, Dartmouth. The classroom is in the Bullard Wellness Building behind the main building.

### **Facilitator: Dennis Tweedy**

Dennis is still retired!

### **2817 They're Back: Disturbing, Thought-Provoking, Possibly Funny Documentaries!**

12:30 – 2:30 P.M., October 30 – December 18  
(8 weeks) (NO CLASS ON NOVEMBER 5)

You asked for them! Did you really? Well, never mind. They're back. I have not chosen them yet, but I almost guarantee you'll love them. Sorry, but if they bruise your sensibilities, all the better. I will endeavor to keep them to around 90 minutes so that we can have a good discussion on what we saw. If you have suggestions for films, let me know. Your input is always welcome.

([tweedy@aol.com](mailto:tweedy@aol.com))

**Location:** Dartmouth Council on Aging, 628 Dartmouth Street, Dartmouth. The classroom is in the Bullard Wellness Building behind the main building.

### **Facilitator: Dennis Tweedy**

Dennis is still retired and still enjoying it!

### **2818 Dimitri Shostakovich: His Music, Life, and Fate in the Soviet Union**

2:30 – 4:30 P.M., September 11 – October 30  
(8 weeks)

Take this opportunity to learn about the music and life of Dmitri Shostakovich, a modest genius, often called Russia's Beethoven. Some judge him the Beethoven of the 20<sup>th</sup> century. He wrote 15 symphonies and 15 string quartets and an amazing variety and quantity of other music, from operas to polkas. He accomplished all this immersed in the ghastly Soviet era, a police state hellbent on thought-control, with gulags and death lurking everywhere. With his music as a soundtrack for this course, we will learn how brilliant and neurotic Dmitri navigated the wars, denunciations, terror, and general paranoia of the Stalin era and the dreary

## WEDNESDAY CLASSES

following decades. This is both a music and a history course. What do you think of Shostakovich's majestic and quirky music? A brief overview of Russian history will help establish in your mind and ear the unique color, culture, and sound that resulted in Shostakovich's music, and even offer insight into Putin's War with Ukraine.

**Location:** Mattapoissett Council on Aging, 17 Barstow Street, Mattapoissett

### **Facilitator: William Brottmiller**

William Brottmiller is a retired publishing executive with a lifelong love of classical music. From the very beginning he has immersed himself in sacred music, as his father was an accomplished church organist. He has discovered that music offers insight into history and psychology.

## THURSDAY CLASSES

### **2819 Advanced Beginner Bridge**

**9:30 A.M. – noon, September 26 - November 14 (8 weeks)**

This class is for Beginner Bridge players who understand the basics: count; Major, Minor suits; no-trump bids; and play. The class will look at how to handle distribution hands, such as preempts. It will also teach high-count hands, such as 18-19-point hands, 2NT, and 2c bids. Additionally, it will showcase Blackwood, Gerber, and Roman Key Card, and when each can be used.

**The class is limited to sixteen players.**

**Location:** Fairhaven Council on Aging, 229 Huttleston Avenue, Fairhaven

### **Facilitator: Caroline "Coco" Cooper**

I have played bridge for a long time but stopped when career path and family were higher demands. Returning to bridge after retirement, I found that things had changed dramatically. I have adopted most of these changes but continue to learn, as bridge is a never-ending experience. I play both Social and Duplicate Bridge and have points of many colors.

### **2820 The Way of the Breath: Mindfulness Meditation Practice in our Daily Lives**

**9:30 – 11:30 A.M., October 3, October 17, 31, November 7, 21, December 5, 19 (7 weeks)**

This seven-week study group will offer strategies, guided meditations, and opportunities for discussion to help us become more adept at taming our internal dialogue. Four decades of research into this 2,500-year-old practice have shown it to be beneficial for many stress-related emotional and physical conditions. It is also helpful in nurturing an atmosphere of inquiry into our internal lives and our own relationships. Ken will be adding a telephone option this semester. The preference is for all in person classes. If it is difficult to get to the office (illness or inclement weather) telephone audio will be available. Ken will provide more information at the first class.

**The class is limited to eight students.**

**Location:** 209 Bedford Street, 2<sup>nd</sup> floor, Room 205, Fall River

### **Facilitator: Kenneth Pinter**

Ken is a part-time psychotherapist who has studied and practiced mindfulness meditation for approximately 25 years. He currently maintains his own individual and weekly group practice.

### **2821 Murder, Mystery, and Comedy at Trinity Rep**

**Noon – 2:30 P.M., October 17- November 21 (6 weeks)**

Are you a mystery "hound"? Do you love figuring out "Who Done it"? Then you must be a fan of Sir Arthur Conan Doyle's most famous detective, Sherlock Homes. This class will have some fun with the many lives of Holmes in the film as well as some of the original stories. It is inspired by a new play at Trinity Rep, *Ms. Holmes and Ms. Watson – Apt 2B*, which is described as "The Hound of the Baskervilles, meets "Thelma and Louise," set in post-pandemic London. As part of the class, we will venture into Providence to see the play at Trinity on Sunday, November 17.

## THURSDAY CLASSES

**Location:** Dartmouth Council on Aging, 628 Dartmouth Street, Dartmouth. The classroom is in the Bullard Wellness Building behind the main building.

### ***Facilitator: Susan Richard***

Sue is a retired English Teacher and department head who spent 36 years working with high school students. Working with adults is a joy and a pleasure. She is also the President of the Governing Board of Your Theatre, Inc., and an avid theater patron. Although she has not been active on the stage for some time, she has directed and performed in community theater.

### **2822 The Nine Symphonies of Beethoven**

**2:30 – 4:30 P.M., September 19, 26, October 3, 10, 17, 24, November 7, 14 (8 weeks)**

Each class will include a DVD lecture, class discussion, listening to YouTube videos and suggested listening.

### ***Facilitator: Thom Sargent***

Thom is the Emeritus Parish Music Director and Organist of St. Anthony of Padua Church in New Bedford. He retired as music director of Classical High School, Providence Rhode Island in 2000. His formal education includes degrees in Church music, music education, and choral conducting.

**Location:** Online Zoom

### **2823 Female Artists and More: Camaraderie, Community, Creative & Courageous**

**2:30 – 4:30 P.M., October 17 – December 5 (NO CLASS ON NOVEMBER 28)**

During this seven-week course we will examine three groups of women who lived extraordinary and creative lives on their own terms during the 19<sup>th</sup> and early 20<sup>th</sup> centuries driven by their love of art and sense of community at a time when art education and training were still denied women. These courageous artists supported each other, and their talents and artistic contributions to the art world are considerable. We will also learn about another group of female artists. The Guerilla Girls, activists founded in 1985 who continue to expose and fight bias, discrimination, and sexism in the art world.

**October 17 and 24:** The Red Rose Girls

**October 31 and November 7:** The Bloomsbury Women

**November 14 and 21:** The Skagen Female Painters

**December 5:** The Guerrilla Girls

**Location:** Online Zoom

### ***Facilitator: Elizabeth (Liz) M. Lafleur***

Liz, a member of The Second Half since 2016, enjoys reading, traveling, and especially learning about creative and courageous women.

## FRIDAY CLASSES

### **2824 The Life and Legacy of New Bedford's Own Paul Clayton**

**9:30 – 11:30 A.M., September 27, October 4, 11, 18, 25 (6 weeks)**

Almost sixty years after his tragic death, Paul Clayton's ghost continues to hover over American folk music. The man whom Bob Dylan once described as a "medium" that channeled the very essence of traditional songs from the sea and the mountains, and who Dave Van Ronk acknowledged was an important "influence" on both Dylan and himself, was born right down the road in New Bedford in 1931.

The course will celebrate the life and legacy of Paul Clayton and his influence on the folk music scene of the 1950s and early 60s in Greenwich Village.

**Location:** Mattapoisett Council on Aging, 17 Barstow Street, Mattapoisett

### ***Facilitators: Gary Brown and Seth Asser***

Gary is a retired Superintendent of Schools and a local performing artist. He has been teaching the History of Rock 'n' Roll for the past five years for The Second Half.

Seth has been a professional musician for 50 years and is still very active on the local music scene on the South Coast. He plays guitar, mandolin, and harmonica and is a singer and songwriter. He has played throughout New England and the Northeast.

## FRIDAY CLASSES

### **2825 Mysteries of Science: Microbiology**

**9:30 – 11:30 A.M., September 13 – October 25  
(NO CLASS ON OCTOBER 4) (6 weeks)**

This course will focus on some wide-ranging matters that are often opaque, or invisible, or just do not come up, except that they DO. We wonder about human inheritance (how different we are from all other humans). We wonder about other species with whom we share this planet, unseen but we know they (bacteria, viruses, etc.) are present and interacting with us. Why are we constantly surprised by the next mysterious infectious disease? Will we do better the next time? Can /will public health laws protect our municipalities, states, and regions?

**Location:** Lawler Library, 745 Rockdale Avenue, New Bedford

#### ***Facilitator: James Griffith***

Jim has B.S., M.S., and Ph.D. degrees (Infectious Disease) and was a Chancellor Professor (Medical Laboratory Science) for 42 years at University of Massachusetts Dartmouth. He has also worked in health care policy for decades at the local, state, and national levels. In addition, he is the managing partner of Forensic DNA Associates, where he acts as an expert witness on cases before the court where DNA evidence is at issue.

### **2826 Masters of Horror: At the Mountains of Madness**

**9:30 – 11:30 A.M., September 20 – October 25  
(6 weeks)**

This study group will focus on the history of the horror masters. We will read, watch, and discuss horror from the classic authors including H.P. Lovecraft, Edgar Allan Poe, Mary Shelley, Bram Stoker, Algernon Blackwood, and Arthur Machen. Each class will discuss an author's signature book, watch a film based on the book, and learn the life story of these horror authors. What better way to spend the Fall!

**Location:** Online Zoom

#### ***Facilitator: Carol Gafford***

Carol is the Youth Services/Outreach Librarian at the Swansea Public Library. She has done a series of

outreach programs over the last 12 years on many Topics at the Library.

### **2827 TED Talks: Lessons Worth Learning**

**9:30 – 11:30 A.M., November 1 – December 6  
(6 weeks)**

Join us as we start a journey of sharing wisdom and knowledge with experts on many subjects from art to science, music to museums. Each week we will watch a Ted Talk, read articles pertaining to the topic, have meaningful discussions, and share resources. There are many inspiring and educational Lessons Worth Learning!

**Location:** Online Zoom

#### ***Facilitator: Carol Gafford***

Carol is the Youth Services/Outreach Librarian at the Swansea Public Library. She has done a series of outreach programs over the last 12 years at the library. She has taught at The Second Half on a variety of subjects.

### **2828 American Children's Authors**

**9:30 – 11:30 A.M., December 13 – January 17  
(6 weeks)**

This class will cover six authors of classic American children's books. We will read their tales and discuss the authors' personal stories and what motivated them to create timeless classics. Reading will include biographies of the authors and a few of their classic works, and we will watch some of the many movies and TV shows that continue to be made and remade. Join us as we revisit some of America's best-loved tales.

**Location:** Online Zoom

#### ***Facilitator: Carol Gafford***

Carol is the Youth Services /Outreach Librarian at the Swansea Public Library. She has taught many classes at The Second Half on a variety of subjects.



## FRIDAY CLASSES

### 2829 Inflammation: What Is It? How Can You Get It? What Do You Do About It?

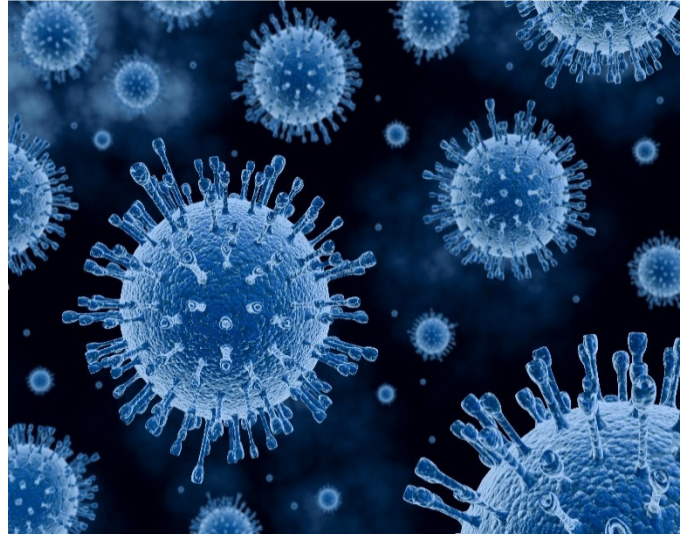
12:30 – 2:30 P.M., September 13 – October 25  
(NO CLASS ON OCTOBER 4) (6 weeks)

Every decade or so, a “new “disease is blamed for almost everything. Starting from the late 1800s, we blamed every condition on bacteria, then viruses, then immune defects, then genetics, and now inflammation. As with those that came before, inflammation is more often a response to a stimulus, but it can become a condition of its own when control is lost. We will look at the stages of inflammation, the cells and components that are used, and the locations in the process which can put it into overdrive. We will also look at what can and cannot control it.

**Location:** Lawler Library, 745 Rockdale Avenue, New Bedford

#### ***Facilitator: Susan Leclair***

Susan has B.S., M.S., and Ph.D. degrees (Clinical Hematology) and retired as a Chancellor Professor from University of Massachusetts Dartmouth, where she taught hematology, genetics, bioethics, and a science course for non-science majors. She served four terms as Editor-in-Chief of the award-winning journal in her field, *Clinical Laboratory Science*. She is recognized internationally for her work in helping patients understand their various hematologic conditions.



**THE SECOND HALF LIFELONG LEARNING INSTITUTE**

**MEMBERSHIP FORM 2024-2025**

**PLEASE PRINT CLEARLY**

**Members new to The Second Half: Please complete this form.**

**We would like to get to know you better and ask that you respond to the following questions.**

**This information will allow us to better plan classes, trips, and special events.**

**Name \_\_\_\_\_ Street Address \_\_\_\_\_**

**City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_**

**Telephone \_\_\_\_\_ Email \_\_\_\_\_**

**How do you prefer we contact you? \_\_\_\_\_**

**How did you hear about The Second Half?**

\_\_\_\_\_

**Age?** Under 50 \_\_\_\_\_ 50-55 \_\_\_\_\_ 56-60 \_\_\_\_\_ 61-65 \_\_\_\_\_ 66-70 \_\_\_\_\_ 71-75 \_\_\_\_\_

76-80 \_\_\_\_\_ 81-85 \_\_\_\_\_ 86+ \_\_\_\_\_

**Are you retired?** \_\_\_\_\_ **Do you work part time?** \_\_\_\_\_

**Please describe your hobbies, interests, and activities.**

\_\_\_\_\_

\_\_\_\_\_

**In what areas would you like us to offer classes, trips, special events?**

\_\_\_\_\_

\_\_\_\_\_

Membership is \$50.00 per year, September 1, 2024 - August 31, 2025

**Please make check payable to *The Second Half* and mail to**

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**PO Box 9333**

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**THE SECOND HALF LIFELONG LEARNING INSTITUTE**

**REGISTRATION FORM – FALL 2024**

Name \_\_\_\_\_ Home Phone \_\_\_\_\_

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City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_

**Registration begins as soon as you receive this catalog.**

**STUDY GROUP SELECTIONS**

**REGISTRATIONS ARE FIRST COME/FIRST SERVED. Registrations are processed in the order in which they are received.**

**Please use the number of the study group, not the name, in completing your registration.**

(1) \_\_\_\_\_ (2) \_\_\_\_\_ (3) \_\_\_\_\_ (4) \_\_\_\_\_ (5) \_\_\_\_\_

(6) \_\_\_\_\_ (7) \_\_\_\_\_ (8) \_\_\_\_\_ (9) \_\_\_\_\_ (10) \_\_\_\_\_

(11) \_\_\_\_\_ (12) \_\_\_\_\_ (13) \_\_\_\_\_ (14) \_\_\_\_\_ (15) \_\_\_\_\_

**PAYMENT:**

\_\_\_\_\_ **\$50.00** Membership dues

\_\_\_\_\_ **\$150.00** Tuition for up to two study groups

\_\_\_\_\_ **\$30.00** Tuition for additional study groups (\$30.00 per study group)

\_\_\_\_\_ I am a facilitator. My tuition is waived.

\_\_\_\_\_ \$ \_\_\_\_\_ Donation

\$ \_\_\_\_\_ **TOTAL AMOUNT DUE**

**Please make checks payable to *The Second Half* and mail to**

**The Second Half  
PO Box 9333  
Fall River, MA 02720**

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